

Everybody Reads 2021 celebrates Ross Gay's *The Book of Delights*



Ross Gay's [*The Book of Delights*](#) is a collection of short essays written over the course of one year, from one birthday to another. Through these meditations on delight, the author directs our attention to the joys of Botan Rice Candy, a friend's unabashed use of air quotes, pickup basketball games, and the overwhelming beauty of the natural world. While his writing is filled with joy and light, he also presents a clear-eyed view of the

complexities and terrors of the world, including living in America as a Black man and losing loved ones. Says Gay of his year-long experiment, "It didn't take me long to learn that the discipline or practice of writing these essays occasioned a kind of delight radar . . . Or maybe it was more like the development of a delight muscle. Something that implies that the more you study delight, the more delight there is to study."

Everybody Reads Upcoming Events

Monday, March 01, 2021

- [6:00 pm The Delight of Reading Aloud with Prentice Onayemi at Online](#)

Thursday, March 04, 2021

- [4:00 pm The Science of Well-Being: A Learning Circle at Online](#)
- [4:00 pm The Science of Well-Being: A Learning Circle at Online](#)

Tuesday, March 09, 2021

- [6:00 pm Drawing for Delight at Online](#)

Thursday, March 11, 2021

- [4:00 pm The Science of Well-Being: A Learning Circle at Online](#)

Monday, March 15, 2021

- [6:00 pm The Costs and Benefits of Living Simply: My 11 years in a tiny home at Online](#)

Thursday, March 18, 2021

- [4:00 pm The Science of Well-Being: A Learning Circle at Online](#)
- [6:00 pm Delight in Nature: Reconnecting Black, Indigenous and People of Color to the Outdoors at Online](#)

Tuesday, March 23, 2021

- [6:00 pm 太极拳的韵味 / The Delight of Tai Chi at Online](#)

Thursday, March 25, 2021

- [4:00 pm The Science of Well-Being: A Learning Circle at Online](#)

Saturday, March 27, 2021

- [2:00 pm Finding Your Why at Online](#)

Thursday, April 01, 2021

- [4:00 pm The Science of Well-Being: A Learning Circle at Online](#)

Thursday, April 08, 2021

- [4:00 pm The Science of Well-Being: A Learning Circle at Online](#)
- [6:00 pm Everybody Reads 2021: Ross Gay at Online](#)

Thursday, April 15, 2021

- [4:00 pm The Science of Well-Being: A Learning Circle at Online](#)

**Our Online Book Group,
Reading & Reflections,
will be sharing in a discussion
on Tuesday, March 16, 2021**

**Pastor Linda will be inviting
Parents & Young Adults to share
in a conversation about Ross Gay's book
and about your own observations on
Delight, Well-being, and Mental Health
in these topsy-turvy times.
Copies & RSVP through the Church office.**